

**Clinical Health Psychology Service
for Young Adults Living with Diabetes**

**Northern Health & Social Care Trust, in Partnership with Diabetes UK
PRIVACY NOTICE**

Dear Participant

Thank you for your interest in working alongside us to help shape, co-design and co-create a Clinical Psychology service that will strive to meet the needs of young adults living with diabetes.

It is important that you are fully informed as to how we will manage your personal details, your ideas and the work you contribute throughout this process. The information below details this in full. Please read this carefully.

What is the purpose of this project?



The Clinical Health Psychology Service for Young Adults Living with Diabetes offers psychological support to young people, aged 18-26 years, who are living with diabetes and the impact this may have on their emotional well-being. Our wish for this service is that it provides the opportunity for young people to avail of psychological support in the most accessible, appropriate and helpful way. It is our belief therefore that the voices of young people living with diabetes should be heard across all levels of how we deliver our service; that is, in the design of the service and in on-going evaluation thereafter. We are very excited that you are willing to give of your time to help us design our service in the best possible way.

What is being asked of me?

We plan to arrange a number of scheduled meetings across the next few months; either virtually or in person dependent on the COVID-19 guidelines. Our hope is that these meetings can form a space for us to explore fully what our service may look like; to discuss your experiences of services to date, your thoughts on how Psychology may be most helpful for young people living with diabetes, and your ideas as to how to take this forward.

Clinical Health Psychology Department Holywell Hospital, 60 Steeple Road, Antrim, BT41 2RL Tel: 02894413127 Email: psychology.bvh@northerntrust.hscni.net

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Please note:

- The group will be required to adhere to **confidentiality** around the content of what we discuss in our meetings. That is, we will respect the thoughts and experiences shared by others in this time.
- You are **not required** to share personal information if you do not wish to.
- Your participation is on a completely **voluntary** basis. If at any stage you do not wish to continue with our meetings, that is absolutely fine!!

What happens to my information and ideas?

YOUR INFORMATION:

We only collect and record information that we need to know for the purposes of our project. In this case, that will be (1) your name, (2) your email address and (3) your contact telephone number. These details will be stored securely. This information **WILL NOT** be shared with anyone else. Any personal information that we process about you is governed by the Data Protection Act 2018 and The General Data Protection Regulation (GDPR). Your personal information will only be held for the duration of the current project.

YOUR IDEAS:



Our aim for this project is to inform the ways in which we offer Psychology support to young adults living with diabetes. This will include working together to:

- (a) Consider accessibility/pathways into our service; that is, the ways in which young people are made aware of the service and how they are supported to contact us.
- (b) Contribute to the format of what is offered once a young person is with the service

This process will involve the sharing of our process (the ideas and product) with other parties; including health professionals (doctors, nurses, dieticians etc), other Psychology Services, and with other young people living with diabetes. Our hope is that, in sharing some of these ideas, we can help inform how services, other than our own, think about their design. In line with GDPR, we will keep all of your personal details confidential in the sharing of this information. Any ideas shared will be completely anonymised, therefore you will not be individually identifiable.

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Additional Information

At Northern Health & Social Care Trust we take your privacy seriously. Staff will only access your information on a strict “need to know” basis. All staff have a legal duty to keep your information safe and confidential and are aware of their responsibilities in regards to your privacy. Any organisation we share information with is also bound by legislation to ensure information is handled correctly. In compliance with legislation the Trust has a range of measures in place to protect paper and electronically held information.

The conditions that ensure the Northern Health & Social Care Trust processes your personal information lawfully and in a transparent manner are set out in Article 6 of the GDPR. These conditions include obtaining consent to the processing of your personal data for one or more specific purposes. The Trust will process your personal information for the duration of the project and if, at any time, you decide that you no longer wish to take part in the project, it is completely your choice to withdraw your consent. You may do this by simply letting me know directly. If this should happen, your personal details will be confidentially removed, and the data you have contributed to the project until that point will be excluded. Any ideas shared will be completely anonymised, therefore you will not be individually identifiable.

As noted, we hope that our meetings will help co-create a service that best meets the needs of young people living with diabetes. Your personal contact details will be deleted when the project is complete. However, as an additional part of this project, we plan to share our outcomes with colleagues both within and outside of the Northern Trust. There may be opportunities for you to co-present in this sharing of information if you so wish; however, this is also your choice. If you wish to be part of this on-going process, we will need to hold your contact details for a longer period of time; again, with the option for you to withdraw your consent at any time.


If at any time you wish to request the information the Clinical Health Psychology Service for Young Adults Living with Diabetes holds about you or ask about how we use it, you can speak to me directly, as lead for this project. You have a right under legislation to request a copy of your information.

If you want to know more about how we use your information or if you are unhappy with any aspect about how we use your information or comply with your request you can contact:


Information Governance Department, Causeway House, 8e Coleraine Road, Ballymoney, BT53 6BP
E-mail: info.governance@northerntrust.hscni.net Tel: 028 2766 1277

I look forward to meeting with you and to working together. Thank you!
Dr Maeve Cushnahan (Specialist Clinical Psychologist)

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