

**Clinical Health Psychology Service
for Young Adults Living with Diabetes**

Northern Health & Social Care Trust, in Partnership with Diabetes UK

Dear Participant

Thank you for your interest in working alongside us to help shape, co-design and co-create a Clinical Psychology service that will strive to meet the needs of young adults living with diabetes.

It is important that you are fully informed as to how we will manage your personal details and the feedback you contribute throughout this process. The information below details this in full. Please read this carefully.

What is the purpose of this project?

The Clinical Health Psychology Service for Young Adults Living with Diabetes offers psychological support to young people, aged 18-26 years, who are living with diabetes and the impact this may have on their emotional well-being. Our wish for this service is that it provides the opportunity for young people to avail of psychological support in the most accessible, appropriate and helpful way. It is our belief therefore that the voices of young people living with diabetes should be heard across all levels of how we deliver our service; that is, in the design of the service and in on-going evaluation thereafter. We are very excited that you are willing to give of your time to help us design our service in the best possible way.

What is being asked of me?

We plan to gather the answers to the questions you provide us with in this consultation. Our hope is that your answers may help us to explore fully what our service may look like; to capture your experiences of services to date and use your thoughts on how Psychology may be most helpful for young people living with diabetes in shaping services.

How do we relay consultation outcomes?

We plan to gather the information you provide and process it to gather relevant themes that may emerge. These themes help us get a clearer picture of what living with diabetes is like for young adults. Feedback on the results of the consultation will be published on the same site as where data was collected, after the consultation period. Ideally this is done within 12 weeks of closure. Your personal information will remain confidential and you will not be identifiable from the results.

Clinical Health Psychology Department Holywell Hospital, 60 Steeple Road, Antrim, BT41 2RL Tel: 02894413127
Email: psychology.bvh@northerntrust.hscni.net



*"To deliver excellent integrated services in
partnership with our community"*

Please note:

- You are **not required** to share personal information if you do not wish to.
- Your participation is on a completely **voluntary** basis. If at any stage you do not wish to continue with the questions, that is absolutely fine!!

What happens to my information and feedback?

YOUR INFORMATION:

We only collect and record information that we need to know for the purposes of our project. In this case, that will be (1) your name (2) your email address (3) information you provide in answering of the questions. Details will be stored securely. This information **WILL NOT** be shared with anyone else. Any personal information that we process about you is governed by the Data Protection Act 2018 and The General Data Protection Regulation (GDPR). Your personal information will only be held for the duration of the current project.

YOUR FEEDBACK:

Our aim for this project is to inform the ways in which we offer Psychology support to young adults living with diabetes. This will include working together to:

- (a) Consider accessibility/pathways into our service; that is, the ways in which young people are made aware of the service and how they are supported to contact us.
- (b) Contribute to the format of what is offered once a young person is with the service.

This process will involve the sharing of our process (the ideas and product) with other parties; including health professionals (doctors, nurses, dieticians etc), other Psychology Services, and with other young people living with diabetes. Our hope is that, in sharing some of these ideas, we can help inform how services, other than our own, think about their design. In line with GDPR, we will keep all of your personal details confidential in the sharing of this information. Any ideas shared will be completely anonymised, therefore you will not be individually identifiable.

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Additional Information

At Northern Health & Social Care Trust we take your privacy seriously. Staff will only access your information on a strict “need to know” basis. All staff have a legal duty to keep your information safe and confidential and are aware of their responsibilities in regards to your privacy. Any organisation we share information with is also bound by legislation to ensure information is handled correctly. In compliance with legislation the Trust has a range of measures in place to protect paper and electronically held information.

The conditions that ensure the Northern Health & Social Care Trust processes your personal information lawfully and in a transparent manner are set out in Article 6 of the GDPR. These conditions include obtaining consent to the processing of your personal data for one or more specific purposes. The Trust will process your personal information for the duration of the project and if, at any time, you decide that you no longer wish to take part in the project, it is completely your choice to withdraw your consent. You may do this by simply letting me know directly. If this should happen, your personal details will be confidentially removed, and the data you have contributed to the project until that point will be excluded. Any ideas shared will be completely anonymised, therefore you will not be individually identifiable.

As noted, we hope that our meetings will help co-create a service that best meets the needs of young people living with diabetes. Your personal contact details will be deleted when the project is complete. However, as an additional part of this project, we plan to share our outcomes with colleagues both within and outside of the Northern Trust. There may be opportunities for you to co-present in this sharing of information if you so wish; however, this is also your choice. If you wish to be part of this on-going process, we will need to hold your contact details for a longer period of time; again, with the option for you to withdraw your consent at any time. If at any time you wish to request the information the Clinical Health Psychology Service for Young Adults Living with Diabetes holds about you or ask about how we use it, you can speak to me directly, as lead for this project. You have a right under legislation to request a copy of your information.

If you want to know more about how we use your information or if you are unhappy with any aspect about how we use your information or comply with your request you can contact:

Information Governance Department, Causeway House, 8e Coleraine Road, Ballymoney, BT53 6BP
E-mail: info.governance@northerntrust.hscni.net Tel: 028 2766 1293

We would like to thank you in advance for your participation in this consultation. Thank you!
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