**Support Organisations**

**SANDS** - Stillbirth and Neo-Natal Death Charity [www.uk-sands.org](http://www.uk-sands.org/) - Tel 08081643332

**Cruse Child Bereavement Service** – Interactive website for 12-18’s [www.hopeagain.org.uk](http://www.hopeagain.org.uk/)
Tel 0808 808 1677

**Life after Loss** - [www.lifeafterloss.org.uk](http://www.lifeafterloss.org.uk/) - Tel 028 9260 5578

**Mariposa Trust** - [www.sayinggoodbye.org](http://www.sayinggoodbye.org/) - Tel 0845 293 8027

**SIMBA** – [www.simbacharity.org.uk](http://www.simbacharity.org.uk) - Tel 0131 353 0055

**Miscarriage Association** - [www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk/)
National Helpline: 019 2420 0799, Mon-Fri 9 am - 4 pm NI Helpline 077 4099 3450

**SIDS** - Sudden Infant Death Syndrome [www.lullabytrust.org.uk](http://www.lullabytrust.org.uk/) Helpline 0808 802 6868

**ARC** –Antenatal Results &Choices-[www.arc-uk.org](http://www.arc-uk.org) – Tel 08450772290/02077137486

**ANAMCARA** – [www.anamcara.ie](http://www.anamcara.ie) - Tel 0852888888

**TOMMY’S –** midwife@tommys.org - TEL 0800 0147800

**Twins Trust**- <https://twinstrust.org/bereavement.html> Tel: 01252 332344

**How to contact the Bereavement Support Midwife**

If you would like to speak to the Bereavement Support Midwife, you can ask your midwife to refer you or you can refer yourself by contacting the telephone/email/address below

Lesley-Ann Kennedy

NHSCT Bereavement Support

Midwife Maternity Unit,

Causeway Hospital,

4 Newbridge Road,

Coleraine BT521HS

E-mail - Bereavement.SupportMidwife@northerntrust.hscni.net

Tel. 07585 999665